



Anne Carlsson

President



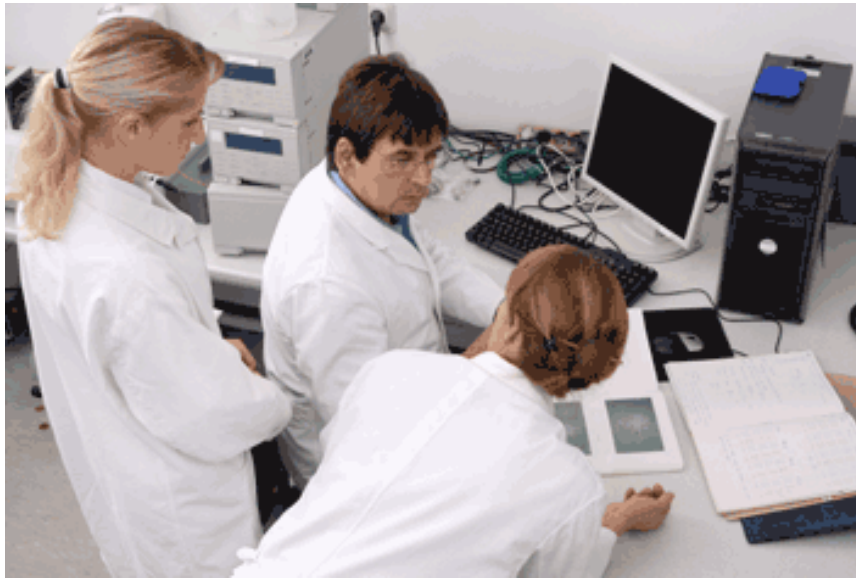
The Swedish Rheumatism Association

More than 50.000 members

200 local associations



Reumatikerfonden



Contributes 18
milj SEK to
research per year



Patient involvement in research

About 25 patient
research partners in
different projects





My own experiences of occupational therapy





Sex and social relations

One of our
projects





Registering of outcome

National quality registries

- Has been established within all healthcare production.
- About 70 registries receive central funding
- The vision is to constitute an over-all knowledge system that is actively used for continuous learning and quality improvement in healthcare

The Swedish Rheumatology Quality registry (SRQ)

- Contains individualized data concerning patient problems, medical interventions and outcomes after treatment

Care and rehabilitation registry is a part of SRQ

Ingrid Thyberg@lio.se



Regional project
Early Intervention in Rheumatoid Arthritis (TIRA)
a multi professional approach

- Early diagnosis and establishing of regularly multi professional follow-up in clinic to constitute "safe care"
- Outcome are registered in a database for clinical care and for research to generate new knowledge
- Interventions due to individual needs
- Patient education early after diagnosis



Ingrid Thyberg@lio.se



Occupational therapy in TIRA

Importance of regularly follow-up, patient benefit

- Early interventions and regularly follow-up was established as a model on the clinics constituting safe care

Outcome data for function and activity limitation to

- Follow-up individuals in clinical, comparison over time and between clinics/regions
- Research result to develop new routines like identifying patients at diagnosis with high risk for later comprehensive disability
- Established routines for patient education early after diagnosis
- Networking between occupational therapists in south east Sweden

Ingrid Thyberg@lio.se



Benefit of documentation

Early instituted drugs and multi professional interventions leads to less physical disability today compared to 15 years ago in RA that implies a discussion about the need for rehabilitative interventions

Need for traditional rehabilitation for patients

- Diagnosed before establishing of "early interventions"
- No effect or not treated with drugs (some diagnosis or side effects)

2000 century, new challenges

- Supporting participation in work
- Prepare patients for more own responsibility
- Support changes in life style like more physical activity and priorities for balance in daily activities to reduce stress
- Developing new methods like internet for service and interventions

Ingrid Thyberg@lio.se



Thank you for listening!